

# HOME DEPARTURE CHECK-LIST

This reminder list doesn't compare to an airline pilot's departure check-list, but nonetheless, it can reduce frustration and make being thorough a quick and easy process. The list includes over 50 common things we might consider before departing—whether going for a quick errand or a day trip. With so many items to consider, no wonder it's so easy to forget something!

By pausing for just a brief few seconds to review this check-list—once earlier in the day and a second time just before leaving—it can reduce our chances of missing something important to do or to take or pick up while out. It is impossible, however, to make this check-list all inclusive for everyone's lives. Extra blank space allows you to add other helpful reminders.

## Things to Consider

To Take Along	To Do Before Leaving	To Go To While Out
<input type="checkbox"/> Shopping/supplies list	<input type="checkbox"/> Weather wise clothing	<input type="checkbox"/> Fuel: Avoid cell phone at pump!
<input type="checkbox"/> Measurements, quantities list	<input type="checkbox"/> Eye contacts in/glasses on	<input type="checkbox"/> Car wash
<input type="checkbox"/> Coupons/gift card	<input type="checkbox"/> Appropriate clothing	<input type="checkbox"/> Post office: mail, stamps
<input type="checkbox"/> Destination: names, phone #'s, addresses, map, items to share	<input type="checkbox"/> Female: make-up, lotion, nails, pads, tweezers	<input type="checkbox"/> Dry cleaner, bank, office supply, _____
<input type="checkbox"/> List of where going-in order	<input type="checkbox"/> Fe/male: shave, deodorant	<input type="checkbox"/> Groceries, household items
<input type="checkbox"/> Cell phone/pager: charged	<input type="checkbox"/> Restroom stop	<input type="checkbox"/> Anywhere need/want to go
<input type="checkbox"/> Camera/camcorder/film	<input type="checkbox"/> Careful look around	<input type="checkbox"/> Visit friends, family, _____
<input type="checkbox"/> Things of interest to share: photos, articles, gifts, books	<input type="checkbox"/> Electrical unplugged/off: stove, computer, iron, etc.	<input type="checkbox"/> Quick stops
<input type="checkbox"/> Watch/jewelry	<input type="checkbox"/> Thermostat turned up/down	<input type="checkbox"/> <b>Practice Keen Alert Driving!</b>
<input type="checkbox"/> Money/credit cards/coins	<input type="checkbox"/> Perishable food put away	<input type="checkbox"/>
<input type="checkbox"/> Sun glasses/lotion/mints	<input type="checkbox"/> What else turn down/off?	<input type="checkbox"/>
<input type="checkbox"/> Brief case/organizer/laptop	<input type="checkbox"/> If visiting others: review what's going on in their lives, health, names, etc.	<input type="checkbox"/> _____
<input type="checkbox"/> Computer back ups/batteries		<input type="checkbox"/> _____
<input type="checkbox"/> Other work related items		<input type="checkbox"/>
<input type="checkbox"/> Fanny pack/wallet/purse	<input type="checkbox"/> Windows closed	<input type="checkbox"/>
<input type="checkbox"/> Tennis shoes/other shoes	<input type="checkbox"/> Double check directions	<input type="checkbox"/>
<input type="checkbox"/> Paper/pen/pad/business cards	<input type="checkbox"/> House phone on charger	<input type="checkbox"/>
<input type="checkbox"/> Medicines/vitamins/allergies	<input type="checkbox"/> Reset vehicle trip mileage	<input type="checkbox"/>
<input type="checkbox"/> Bottled water/drinks/food	<input type="checkbox"/> Doors/garage closed/locked	<input type="checkbox"/>
<input type="checkbox"/> Gym bag: change of clothes	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Coat/hat/umbrella	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/> Keys: 2 sets	<input type="checkbox"/>	<input type="checkbox"/>

**Other Reminders:** \_\_\_\_\_

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