

INHIBITING DEFICIENCIES

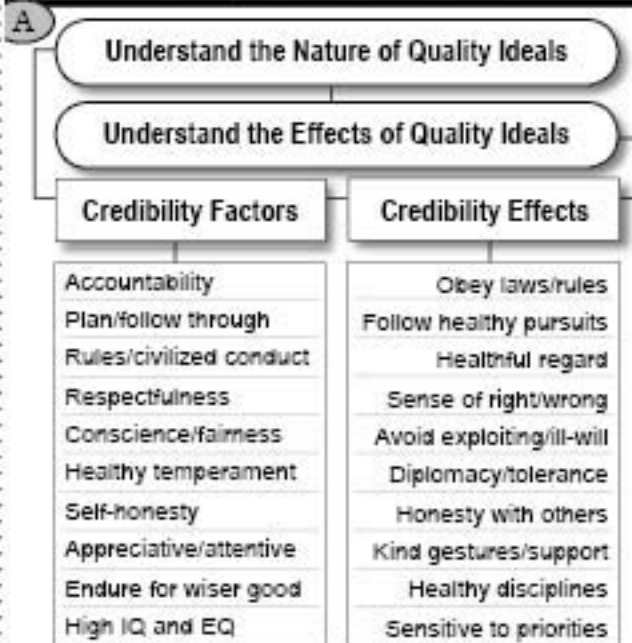
3 INSIGHTFUL BEHAVIORAL KNOWLEDGE

How Do We Improve Our Behavior?

These cards outline various ways we can learn to improve our behavior. When we do not realize that there is a mass of knowledge important to learn about behavior, we can be less concerned about teaching or studying it. With better understanding, training, and practice, we can learn to promote higher standards of emotional and intellectual conduct. This involves learning important rules and enhancements, as well as how to recognize dysfunctions. By understanding that the quality of behavior is the number one consideration of a civilized society, it helps us realize the importance of furthering behavioral education.

APPRECIATE HEALTHY IDEALS

To Improve Our Behavior



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GAIN NECESSARY INSIGHT

To Improve Our Behavior

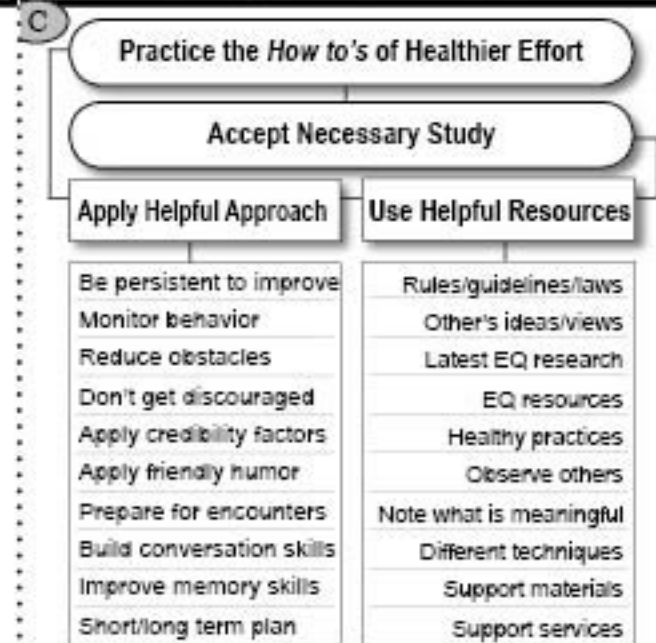


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LEARN TO APPLY NECESSARY EFFORT

To Improve Our Behavior



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